

OCTOBER 2019 SUPPORT GROUPS

MANHATTAN, NY

Tuesday, October 15th, 2019 from 6:00 to 8:00 pm
Mount Sinai Downtown at Union Square, Phillips Ambulatory Care Center
Neurology Dept., 5th Floor Conference Room
10 Union Square East (b/w 14th & 15th Streets), New York, NY 10003
Contact: Jody Wiesel, PhD, (917) 699-9751
Topic: Patient and Caregivers: Tips from an Occupational Therapist
Next month's support group meets: November 19th, 2019

QUEENS, NY

Wednesday, October 16th, 2019 from 6:00 to 8:00 pm
The Silvercrest Center for Nursing and Rehabilitation
144-45 87th Avenue - 1st Floor Dining Room/Lounge
Briarwood, NY 11435
Contact: Michelle McKenzie, LMSW, (718) 644-1750
Topic: ALS 101
Speaker: Theresa Imperato, RN – The ALS Association Greater NY Chapter
Next month's support group meets: November 20th, 2019

JAMES J. PETERS BRONX VA MEDICAL CENTER

Tuesday, October 29th, 2019 from 1 PM to 3 PM
130 West Kingsbridge Road
JJPVAMC Room 5C-02, 5th Floor, Bronx, NY 10468
Contacts: Michelle McKenzie, LMSW (718) 644-1750
Ernest Acheampong, RN (718) 584-9000 ext. 5388
Topic: Nutrition and Dietary Supplements in ALS
Speaker: Ximena Diz, MS, RD, Spinal Cord Injury & Eating Behaviors
Clinical Dietitian for the James J. Peters VA Medical Center
Next month's support group meets: November 26th, 2019

NASSAU COUNTY, NY

Monday, October 7th, 2019 from 6 PM to 8 PM
Northwell Health at Plainview Hospital (Second Floor Classroom)
888 Old Country Road, Plainview, NY 11803
Contact: Cindy Keyser-Posner, LMSW, (631) 416-2767
Topic: Open Discussion
Next month's support group meets: November 4th, 2019

SUFFOLK COUNTY, NY

Tuesday, October 1st, 2019 from 6:00 to 8:00 pm
Stony Brook Neurology Offices
181 North Belle Mead Road Suite 5, East Setauket, NY 11733
Contacts: Theresa Imperato, RN, (516) 946-5467
Topic: Open Discussion
Next month's support group meets: November 5th, 2019

WESTCHESTER, NY/WHITE PLAINS

Tuesday, October 8th, 2019 from 6:00 to 8:00 pm
Burke Rehabilitation Center
785 Mamaroneck Avenue, Building 7, White Plains, NY 10601
Contacts: Helen Mayer, RN, (845) 520-0952
Nancy Brenner, LCSW, (914) 406-3513
Topic: Open Discussion
Next month's support group meets: November 12th, 2019

LOWER HUDSON VALLEY, NY

Tuesday, October 1st, 2019 from 6:00 to 8:00 pm
Ambulatory Surgery Center Bldg. C, 3rd Fl. 200
Westage Business Center, Fishkill, NY 12524
Contacts: Helen Mayer, RN, (845) 520-0952
Nancy Brenner, LCSW, (914) 406-3513
Topic: Open Discussion
Next month's support group meets: November 5th, 2019

NORTHERN NJ/SADDLEBROOK

Thursday, October 3rd, 2019 from 7:00 to 9:00 pm
Kessler Institute for Rehabilitation
300 Market Street, Saddle Brook, NJ 07663
Contacts: Debbie Schlossberg, LMSW (732) 710-8832
Mary Ann Mertz, RN, (908) 552-5573
Topic: Open Discussion
Next month's support group meets November 14th, 2019
(this date is a change from the usual schedule).

CENTRAL NJ

Saturday, October 19th, 2019 from 2:00 to 4:00 pm
Robert Wood Johnson Fitness & Wellness Center
100 Kirkpatrick Street, Community Education Room Level 2
New Brunswick, NJ 08901
Contacts: Debbie Schlossberg, LMSW, (732) 710-8832
Mary Ann Mertz, RN, (908) 552-5573
Topic: Open Discussion
Next month's support group meets November 16th, 2019

TELEPHONE SUPPORT GROUPS

PATIENT GROUP: Every Monday - 2:30 to 3:30pm
CAREGIVER GROUP: Every Wednesday - 4:00 to 5:00 pm
BEREAVEMENT GROUP: Every Friday - Sept 6th through Oct 4th
4 pm to 5 pm
Topics include: Open Discussion, Stress Reduction,
Mindfulness and Meditation Techniques

If you are interested in any of the telephone support groups, including newly diagnosed groups, please contact: Susan Zimmerman, LCSW, at (212)720-3050.

NEW VIRTUAL SUPPORT GROUP

Date: Tuesday, October 22nd, 2019
Time: 1:00 pm to 2:00 pm
Topic: ALS 101
Presenter: Theresa Imperato, RN; ALS Association Greater NY Chapter
Contact: Charisse Viscomi-Santos, LPN
(201) 926-5374 or E-mail Charisse at csantos@als-ny.org